



Swimming NE & NW LC Area Championships

5th and 6th February 2022

Gunnedah Memorial Swimming Pool

Anzac Parade Gunnedah

Saturday 5th February 2022

Warm-up 1:30pm, Start 2:00pm

M	F	Event	M	F	Event
119	120	OPEN 1500 Freestyle (to be run at 8.45am before Speedo Sprints)	27	28	8/u 50m Freestyle
		Start at 2pm	29	30	9/10 50m Freestyle
1	2	OPEN 400m Freestyle	31	32	11/12 50m Freestyle
3	4	8/u 50m Butterfly	33	34	13/14 50m Freestyle
5	6	9/10 50m Butterfly	35	36	15-16/o 50m Freestyle
7	8	11/12 50m Butterfly	37	38	OPEN MC 50m Freestyle
9	10	13/14 50m Butterfly	39	40	10/u 200m Individual Medley
11	12	15-16/o 50m Butterfly	41	42	11/12 200m Individual Medley
13	14	OPEN MC 50m Butterfly	43	44	13/14 200m Individual Medley
15	16	OPEN 200m Backstroke	45	46	15-16/o 200m Individual Medley
17	18	10/u 100m Breaststroke	47	48	10/u Medley Relay
19	20	11/12 100m Breaststroke	49	50	12/u Medley Relay
21	22	13/14 100m Breaststroke	51	52	14/u Medley Relay
23	24	15-16/o 100m Breaststroke	53	54	OPEN 200m Medley Relay
25	26	OPEN 200m Butterfly			

Sunday 6th February 2022

Warm-up 8.00am, Start 9.00am

M	F	Event	M	F	Event
55	56	OPEN 400m Individual Medley	87	88	OPEN 200m Freestyle
57	58	10/u 100m Freestyle	89	90	8/u 50m Breaststroke
59	60	11/12 100m Freestyle	91	92	9/10 50m Breaststroke
61	62	13/14 100m Freestyle	93	94	11/12 50m Breaststroke
63	64	15-16/o 100m Freestyle	95	96	13/14 50m Breaststroke
65	66	OPEN 200m Breaststroke	97	98	15-16/o 50m Breaststroke
67	68	8/u 50m Backstroke	99	100	OPEN MC 50m Breaststroke
69	70	9/10 50m Backstroke	101	102	10/u 100m Backstroke
71	72	11/12 50m Backstroke	103	104	11/12 100m Backstroke
73	74	13/14 50m Backstroke	105	106	13/14 100m Backstroke
75	76	15-16/o 50m Backstroke	107	108	15-16/o 100m Backstroke
77	78	OPEN MC 50m Backstroke	109	110	10/u 200m Freestyle Relay
79	80	10/u 100m Butterfly	111	112	12/u 200m Freestyle Relay
81	82	11/12 100m Butterfly	113	114	14/u 200m Freestyle Relay
83	84	13/14 100m Butterfly	115	116	OPEN 200m Freestyle Relay
85	86	15-16/o 100m Butterfly	117	118	OPEN 800m Freestyle

ONLINE ENTRIES ONLY

*** Long Course and Short Course times achieved since 1st October 2019 at approved SAL, SNSW & SNENW meets will be accepted.**

**Entries Close: 5pm SHARP,
28th January 2022 Entry Fee:
\$5.00 per Individual Event Entry Fee:
\$5.00 per Relay Team**

**2021-2022 Long Course
Championships**

Qualifying Times – Males*

EVENT	9yrs & U	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs & O
Freestyle								
50m	47.50	41.00	39.00	37:00	36.25	36.25	33.75	33.75
100m	1:40:00	1:32:00	1:26:00	1:22:00	1:20.13	1:19.37	1:14.37	1:14.37
200m	2:54:00							
400m	5:50:00							
800m & 1500m	Use 400m Freestyle qualifying time 5:50:00_							
Backstroke								
50m	52:00	47:50	46:50	44:00	42.50	39.38	39.38	39.38
100m	1:53:00	1:43:00	1:40:00	1:36:00	1:35.00	1:34.50	1:31.25	1:31.16
200m	3:30:00							
Breaststroke								
50m	1:01:00	53:00	52:00	49:00	48.50	43.13	43.13	43.13
100m	2:42.00	2:01.00	1:54:00	1:50:00	1:49.37	1:48.13	1:41.87	1:41.87
200m	3:57:00							
Butterfly								
50m	50::00	45:50	44:00	42:00	40.69	36.25	36.25	36.25
100m	2:10:00	1:50:00	1:42:00	1:40.75	1:35.00	1:31.25	1:26.25	1:26.25
200m	3:20:00							
Individual Medley								
200m	3:43:00	3:33:00	3:26:00	3:20.75	3:18.75	3:18.75	3:08.75	3:08.75
400m	6:43:00							

Qualifying Times – Female*

EVENT	9yrs & U	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs & O
Freestyle								
50m	47.50	41.00	39.00	37:00	36.25	36.25	33.75	33.75
100m	1:40:00	1:32:00	1:26:00	1:22:00	1:20.13	1:19.37	1:14.37	1:14.37
200m	2:54:00							
400m	5:50:00							
800m & 1500m	Use 400m Freestyle qualifying time 5:50:00							
Backstroke								
50m	52:00	47:50	46:50	44:00	42.50	39.38	39.38	39.38
100m	1:53:00	1:43:00	1:40:00	1:36:00	1:35.00	1:34.50	1:31.25	1:31.16
200m	3:30:00							
Breaststroke								
50m	1:01:00	53:00	52:00	49:00	48.50	43.13	43.13	43.13
100m	2:42.00	2:01.00	1:54:00	1:50:00	1:49.37	1:48.13	1:41.87	1:41.87
200m	3:57:00							
Butterfly								
50m	50::00	45:50	44:00	42.00	40.69	36.25	36.25	36.25
100m	2:10:00	1:50:00	1:42:00	1:40.75	1:35.00	1:31.25	1:26.25	1:26.25
200m	3:20:00							
Individual Medley								
200m	3:43:00	3:33:00	3:26:00	3:20.75	3:18.75	3:18.75	3:08.75	3:08.75
400m	6:43:00							

CONDITIONS OF ENTRY

1. The meet is approved by Swimming NE&NW Inc and Swimming NSW Limited.
2. Meet will be conducted under the rules of Swimming Australia and Swimming NSW.
3. Age as at 5th February 2022.
4. Events will be conducted as timed finals.
5. The Meet Director reserves the right to amend the program of events and conditions of entry.
6. Medals Will Be awarded to: 8/u, 9, 10, 11,12,13, 14, 15&16/o in 50m events.
9/u,10, 11, 12,13,14, 15 & 16/o in 100m events and 200m Individual Medley events.1st,2nd 3rd places only in open events.
7. Visitors are welcome. Visitors can set and break All comer records. Visitors are ineligible for medals and cannot score points, set or break Swimming NE&NW records.
8. Individual events will be run as split age events, with placing in age groups determined at the end of an event.
9. Points will be awarded to Swimming NE&NW swimmers in age groups and Open event only.
10. Swimming NE&NW Age Champions will be awarded by point score only in age events and open champions by point score only in open events.
11. Swimmers may only compete in an event if they have met the qualifying times. These times must have been swum at approved Swimming NE&NW; SNSW & SAL meets.
12. Results will be submitted to SNSW and uploaded on the results database.
13. Relays: Swimmers must be members of the same affiliated club to be eligible for awards and/or records. Teams must be either all male or all female. Teams may swim as exhibition, only if the eligibility conditions are not met. Entries must be submitted along with individual/team entries by the closing date on swim central
14. ALL clubs will be asked to supply timekeepers. Qualified Technical Officials are encouraged to participate in other roles.
15. Pool entry fee applies for swimmers and spectators.
16. ONLINE ENTRIES ONLY: Entries close: 5pm SHARP, 28th January 2022. NO LATE ENTRIES, OR ENTRIES ON THE DAY WILL BE ACCEPTED UNDER ANY CIRCUMSTANCES.
17. Entry: \$5.00 for individual events & \$5.00 for relays. A \$2.00 fee will be charged for each swimmer for an electronic program, which will be forwarded to NENW clubs for distribution to members.
If you are from out of area, please email swimmingnenwregistrar@gmail.com to request a program.
18. Further enquiries to: Rozina Mison via email (swimmingnenwregistrar@gmail.com)
19. Entry into events 79-82 (1500m & 800m) will utilise the 400m freestyle qualifying standards. These entry times will be CHECKED. If you enter these events and you DO NOT have the correct qualifying times as stated in the Program and QT's, your entry will be withdrawn, and NO refund will be given.

*Long Course and Short Course times achieved since 1st October 2019 at approved SAL, SNSW & Swimming NE&NW MEETS will be accepted.